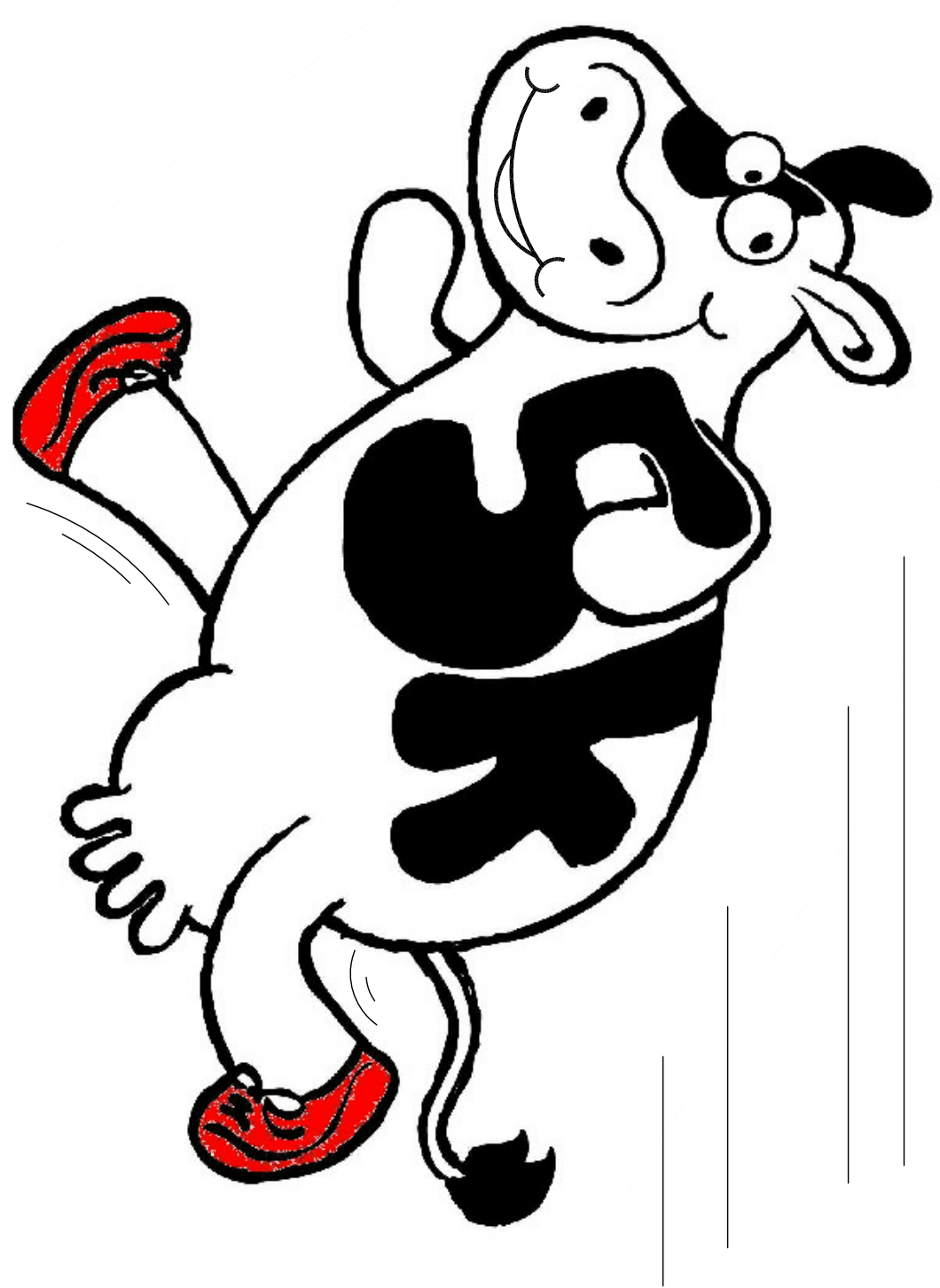
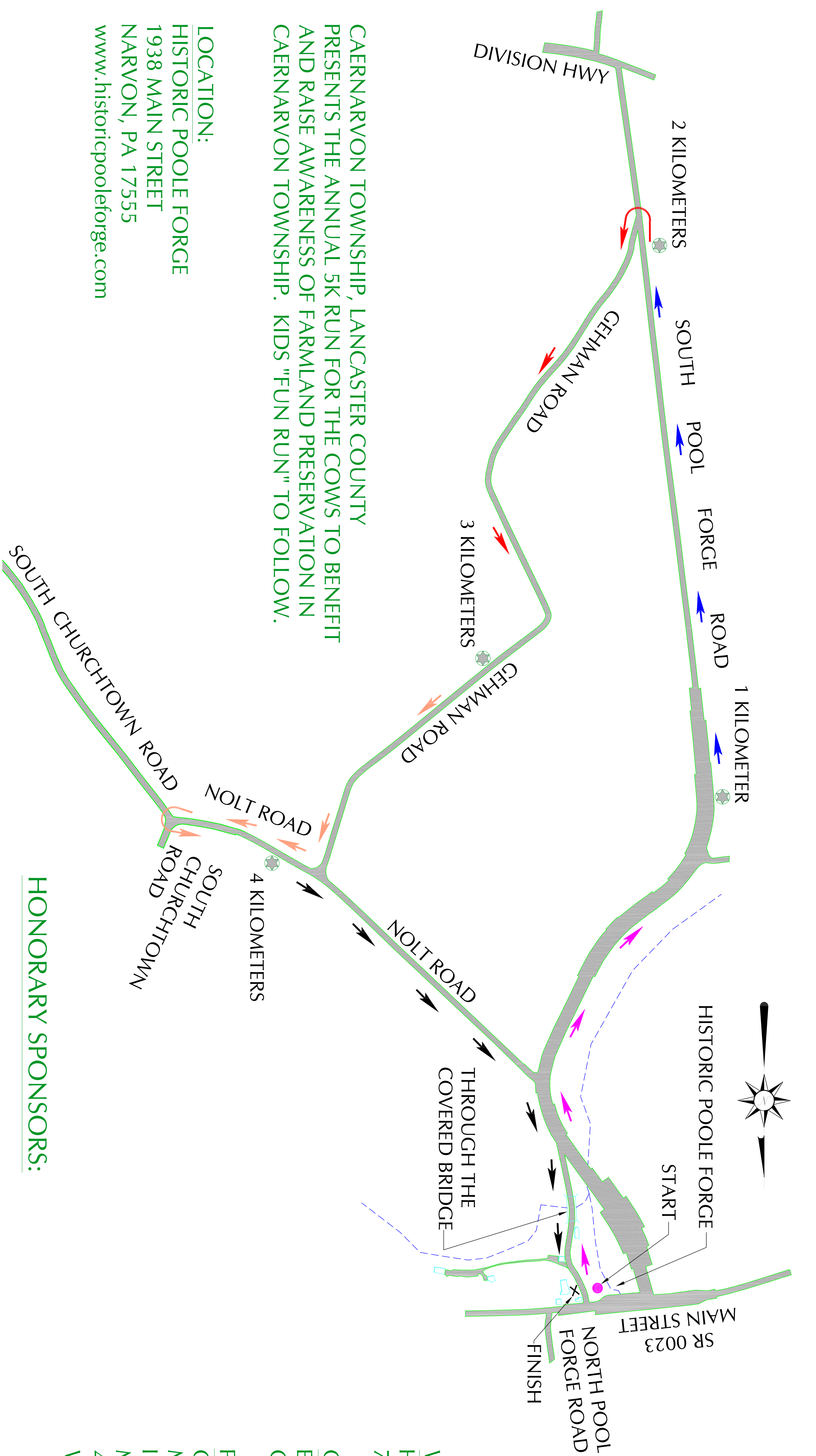


HISTORIC POOLE FORGE ANNUAL 5K RUN FOR THE COWS



WALK UP REGISTRATION
HISTORIC POOLE FORGE PARK FROM
7:30 - 8:30 AM

QUESTIONS?
EMAIL: info@caernarvonlanaster.org
Call: (717) 445-4244

PRIZE AWARDS
OVERALL MALE/FEMALE CASH AWARD
MEDALS TO 1ST THROUGH 5TH PLACE
IN EACH AGE CATEGORY FOR
MALE/FEMALE : 19 AND UNDER, 20-29, 30-39,
40-49, 50-59 AND MASTERS (60 AND OVER). ALL
WINNERS MUST BE PRESENT TO RECEIVE AWARDS.

CAERNARVON TOWNSHIP, LANCASTER COUNTY
PRESENTS THE ANNUAL 5K RUN FOR THE COWS TO BENEFIT
AND RAISE AWARENESS OF FARMLAND PRESERVATION IN
CAERNARVON TOWNSHIP. KIDS "FUN RUN" TO FOLLOW.

LOCATION:
HISTORIC POOLE FORGE
1938 MAIN STREET
NARVON, PA 17555
www.historicpooleforge.com

HONORARY SPONSORS:

